

THE NEWSLETTER OF *the* HAWAI' I ISLAND HIV/AIDS FOUNDATION

CHOICES

MAR
2011



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Farewell

It has been my pleasure to serve this Foundation since May, 1996. As many of you know, I was going to fill in for a few months back in early 1996. How that turned into these past 14 years is still a mystery to me. We have had many adventures together, some of the most outstanding were and are the constantly changing and improvement of medication for our clients which thankfully has extended their lives. We faced together bureaucratic challenges both locally and federally and overcame so many obstacles. We welcomed the advent of HIV testing by oral swab, and today by a rapid 20 minute test.



Together we made the community aware of who we are and what we do by our many community activities: the Paradise AIDS Ride, all 12 years of Taste of Life, parades, World AIDS Day events, and this year the award of the Suzanne Richmond-Crum award to our Foundation, among many others.

I have truly enjoyed serving you and want to acknowledge my fantastic staff. They are the backbone of this organization. I have been lucky enough to have their complete support which has made a sometimes difficult job easier. To each and every one of you both present and past, thank you from the bottom of my heart.

While I may be leaving my position, I will not be leaving the Foundation. HIV/AIDS is close to my heart and I will bring my energies as a volunteer in the coming years.

So farewell all, please accept my deep and most heartfelt thanks for allowing me to serve you all these years and I wish you all good health and happiness in the years to come. Georgie Kennedy



Mission Statement

The Hawaii Island HIV/AIDS Foundation is a non-profit organization dedicated to assisting those affected by HIV/AIDS to maximize their quality of life, and to ending the spread of HIV. We also utilize the lessons learned in the HIV epidemic to care and advocate for others in the fight against related diseases.

Vision

To build a healthier, stronger, and more sustainable community that supports all its members with a focus on HIV issues.

Core Values

- Responsiveness:** To people with HIV/AIDS and their families and to the prevention education needs of the community.
- Accountability:** To our consumers, funding sources, and the community at large.
- Integrity:** To provide services to the entire community in a humane, loving, non-judgmental manner.
- Diversity:** To embrace the philosophy of inclusiveness.
- Collaboration:** To establish and maintain partnerships within the community that maximizes resources and decreases duplication of services.
- Leadership:** To set the highest standards for responsibility to our mission, vision and values, and be recognized as a positive, inspirational role model in our community.
- Advocacy:** A collective public voice to speak on behalf of those affected by HIV/AIDS.

Staff Kona

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Director of Programming

Wing Takakuwa

Treatment Advocate

Winic Pierce

Benefits Specialist

Gene Smith

Client-Prevention Services

Bernadette Haleamau

Prevention Specialist

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Director of Finance

Laurie Soares

Administrative Assistant

Christina Clothier

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Editorial Policy

The articles contained in this publication are meant to inform and entertain only. They do not constitute an endorsement. The publication of any name or image does not necessarily imply anything about that persons condition, health or sexual orientation. The opinions expressed are those of individual authors and do not necessarily represent official positions of HIHAF or any other organization mentioned herein. Contributions of articles and other materials for publication are encouraged and welcomed.

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On behalf of the Board of Directors of Hawai'i Island HIV/AIDS Foundation, I'd like to welcome our new Executive Director, Christina (Tina) Clothier to HIHAF. Tina comes to HIHAF with 15 plus years with the American Cancer Society, both here on the Big Island, and also on Oahu.

Tina is a long time island resident. In the 80's she was the Owner, Operator of Jack's Diving Locker in Kailua-Kona. From 1992 – 1995 Tina was a property manager with Chaney Brooks and was responsible for management of the King's Shops at the Waikoloa Beach Resort.

In 1995 Tina joined the American Cancer Society as the Executive Director, West Hawaii Unit. She moved up the ladder in that organization to become Chief Staff Officer Organization and Development, a position she had held for over 5 years.

Tina has the background in management, grant writing, team building, financial responsibility, organization and development and delivery of programs, and the list goes on. Tina is very involved in community affairs, as a member of the Kona Chamber of Commerce, Rotary Club of Kona, VIP/Sponsor Director Lavaman Races 2010. Tina has a background of non-profit and community involvement which will benefit all of us with HIHAF.



Please join me in welcoming Tina Clothier on Tuesday, March 1. Tina and Georgie will be working together for a couple of weeks, learning the job.

Dave Karl

Michael explains how Diesel helped him through some pretty tough times.

Diesel was 8 months old when I got him. He might have been mistreated as he took a while to come around to me.

Diesel's a loud snorer. I think it is cute with him, but if he were a person I'd probably elbow him in the ribs and tell him to roll over.

He's a good little watchdog. Diesel doesn't usually bark; only when there's a strange noise. And, when he hears a siren, he mimics it and begins howling like a siren.

He is my best friend and I would probably be dead if it wasn't for him. When I was having chemotherapy for my leg, I had trouble getting up. I'd call him over and would push up off his back.

There were times when I was so sick from the treatments and felt so lonely that I felt like giving it in. But because Diesel was there offering his love and affection, and doing the little things he does to make me laugh, I found the strength and grew stronger each and every day.



I want to give thanks and praise to God for blessing me with Diesel. I couldn't imagine my life without him.

Feds release list of top 10 health care fugitives

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Carlos, Luis, and Jose Benitez were indicted in 2008 for setting up bogus clinics and charging Medicare \$119 million for costly HIV drugs that patients never received. The brothers bought hotels, helicopters, boats and even a water park with their spoils before fleeing to Cuba, authorities said.

Department of Health and Human Services inspector general officials said the top 10 suspects have cost taxpayers more than \$124 million. Authorities are seeking more than 170 fugitives charged in health care fraud.

Other top suspects include Leonard Nwafor, who is charged with billing Medicare for \$1.1 million in a medical equipment scam in California, and Susan Bendigo, who allegedly billed California's Medicaid program \$17.1 million for sending unlicensed nurses to treat patients.

Authorities hope the new list, which includes a website with suspects' photos, will drive callers to the tip hotline. Taxpayers absorb the roughly \$60 to \$90 billion Medicare fraud costs each year.

"The public has a stake in the fight against fraud, waste, and abuse," said Inspector General Daniel R. Levinson.

Medicare fraud has morphed into sophisticated networks of doctors, patients and patients recruiters. The crimes have moved from medical equipment and infusion drugs to abuses in home health care and mental health services.

Federal authorities have set up teams of law enforcement officers and prosecutors in fraud hot spots around the country including Miami, Houston, Detroit, Brooklyn and Los Angeles. Health officials have promised to reduce Medicare fraud by preventing crooks from ever entering the program under new authority granted by the Affordable Care Act.



Vatican to Host International Conference on Its Condom

Policy The Vatican has announced it will host an international conference explaining the church's position concerning condoms as a way to prevent HIV transmission, The Associated Press reports. The conference will take place May 28, and invitations have been sent to UNAIDS as well as other leaders and researchers among the HIV community. The Vatican's Pontifical Council for Health Care Workers also said it is working on guidelines for Catholic doctors, nurses and others involved in care for those living with HIV/AIDS.

Safe Injection Site Lowers New HIV Cases in Vancouver

Insite, a safe injection site for IV drugs users in Vancouver, Canada, has caused a drop in new HIV cases among this high-risk group, The New York Times reports. About 800 injections take place daily at the site, which has an exemption from the country's narcotics laws. Services available to IV drug users include cleans needles, which they can't share with anyone else, and testing and treatment for HIV. Insite staff also hands out condoms, offers gynecological exams, treats for sexually transmitted infections, refers drug users for treatment and offers medical care such as draining and bandaging abscesses from dirty needles.

New Study Says HIV Vaccines Might Not Need to Produce Protective Blood Antibodies

A new study suggests that an HIV vaccine could protect against sexual transmission of the virus without producing protective antibodies in the blood—instead, the virus would provoke the body to produce mucosal antibodies in the vagina and rectum. These findings, published online February 10 in the journal *Immunity*, *open up new avenues of HIV vaccine research*

700,000 Condoms Worth \$1.5M Disappear in Malaysia

Malaysian police are investigating the disappearance of a shipment of more than 700,000 ultrathin condoms in transit from Malaysia to Japan, Agence France Presse (AFP) reports. Sagami Rubber Industries of Japan claims the shipment was loaded into a container at its factory in northern Malaysia and that it arrived in Tokyo empty with the locks replaced. The condoms are worth US \$1.5 million at Japanese retail prices.

Bitter Greens Salad — Frisee (pronounced free -say)

I now know two frisee converts that can probably be ascribed to this excellent vinaigrette. They previously found frisee annoying but no longer. This is a wonderful winter salad , but good any other time.

Bitter Greens Salad Serves 4-6

Enough bitter greens like frisee, radicchio, endive, escarole, and chicory for a salad, washed and dried.

Vinaigrette

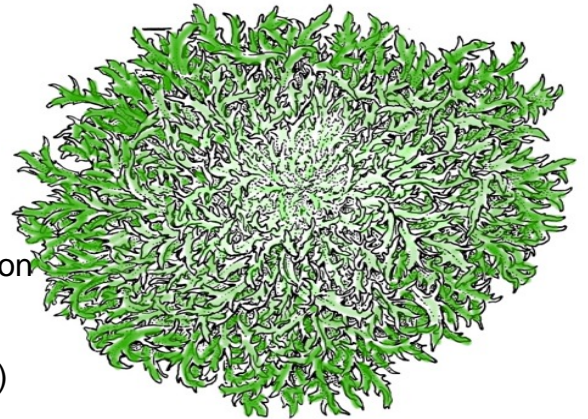
- 2 Tablespoons lemon juice
- 1 Tablespoon sherry vinegar
- 1 clove of garlic, minced
- 2-3 anchovies, minced or 2-3 inch squiggle anchovy paste
- 6 Tablespoons extra virgin olive oil
- Salt and freshly ground pepper to taste

Shake in a small jar or whisk in a bowl. Use only about a tablespoon of vinaigrette per person served. Dress your salad and enjoy.

Nutrition Information Per Serving of Dressing (about 1 Tablespoon)

Note: the salad greens are only about 10 calories per cup.

- Calories: 75
- Fat: 8 gm
- Saturated Fat: 1 gm
- Trans Fat: 0 gm
- Cholesterol: 1 mg
- Carbohydrate: 0 gm
- Fiber: 2 gm
- Sugars: 0 gm
- Sodium: 76 mg
- Protein: 0 gm



NUTRITION

Subject: Children Writing

About the Ocean...

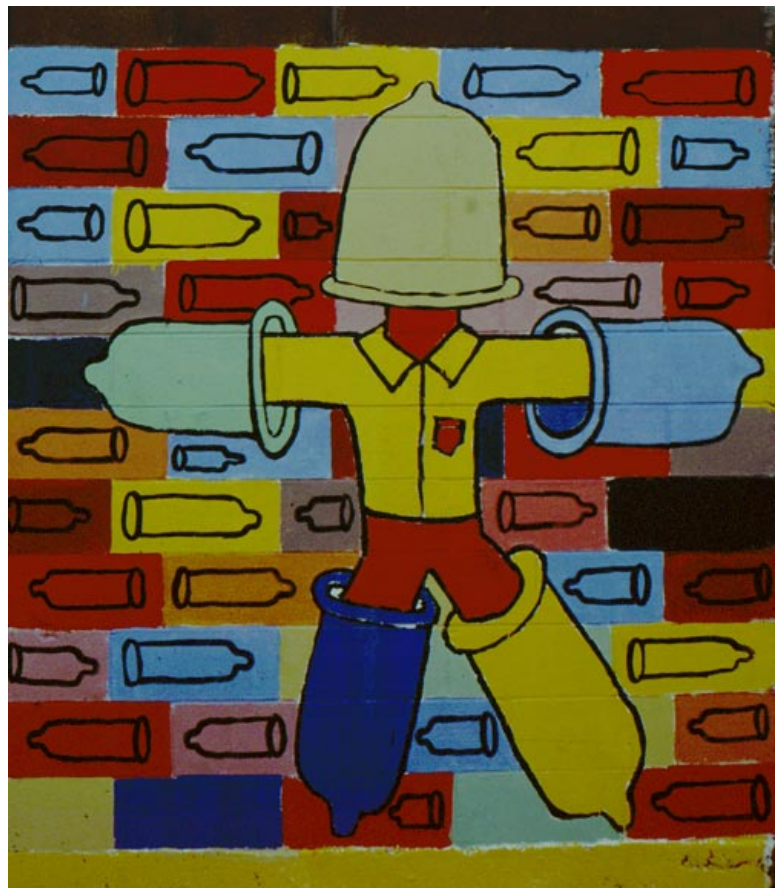
- 1) - This is a picture of an octopus. It has eight testicles. (Kelly, age 6)
- 2) - Oysters' balls are called pearls. (Jerry, age 6)
- 3) - If you are surrounded by ocean, you are an island. If you don't have ocean all round you, you are incontinent. (Mike, age 7)
- 4) - Sharks are ugly and mean, and have big teeth, just like Emily Richardson . She's not my friend any more. (Kylie, age 6)
- 5) - A dolphin breaths through an asshole on the top of its head. (Billy, age 8)
- 6) - My uncle goes out in his boat with 2 other men and a woman and pots and comes back with crabs. (Millie, age 6)
- 7) - When ships had sails, they used to use the trade winds to cross the ocean. Sometimes when the wind didn't blow the sailors would whistle to make the wind come. My brother said they would have been better off eating beans. (William, age 7)
- 8) - Mermaids live in the ocean. I like mermaids. They are beautiful and I like their shiny tails, but how on earth do mermaids get pregnant? Like, really? (Helen, age 6)
- 9) - I'm not going to write about the ocean. My baby brother is always crying, my Dad keeps yelling at my Mom, and my big sister has just got pregnant, so I can't think what to write. (Amy, age 6)
- 10) - Some fish are dangerous. Jellyfish can sting. Electric eels can give you a shock. They have to live in caves under the sea where I think they have to plug themselves in to chargers. (Christopher, age 7)
- 11) - When you go swimming in the ocean, it is very cold, and it makes my willy small. (Kevin, age 6)
- 12) - Divers have to be safe when they go under the water. Divers can't go down alone, so they have to go down on each other. (Becky, age 8)
- 13) - On vacation my Mom went water skiing. She fell off when she was going very fast. She says she won't do it again because water fired right up her big fat ass. (Julie, age 7)
- 14) - The ocean is made up of water and fish. Why the fish don't drown I don't know. (Bobby, age 6)
- 15) - My dad was a sailor on the ocean. He knows all about the ocean. What he doesn't know is why he quit being a sailor and married my mom. (James, age 7)



Giant cartoon condoms stand on a street in Shenyang, Liaoning province ...

COUNT
THE
SHAMROCKS
IN THIS ISSUE.

Email gene@hihaf.org and win a prize



AIDS ART AWARENESS

South Brooklyn HS, Red Hook Brooklyn

9' x 40' 1991



The HIHAF Staff/Board Interview

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Your name: John Puig
Your starting date: 12/2007



What is the last movie you saw AND enjoyed? RED

What would the menu be for your comfort meal? Alcapurias, Bacalaitos Fritos, Mofongo y Salmorejo de Jueyes con Tostones (Boriqua Food)

What profession other than yours would you like to attempt? Pastry Chef

What drew you to this job and what keeps you here? Needed a job, when people come and talk to me at Walmart or Home depot about a presentation that I have given.

What is your favorite thing about your job? Public Speaking and one on one interactions.

What is your least favorite thing about your job? Data Entry

What would be a favorite quote or motto? "No Worries"

Name something you want to try but are afraid to do. Go Surfing (would like to learn)

What is a sound that you love to hear? Rain Forest Birds in the morning up in Volcano

If Hawai'i is first where is a second place in the world you would like to try living? Spain, Italy or Greece.

From page 11

After World AIDS Day 2010, DeSalvo returned to the Salon Republic in Beverly Hills, California. The minute he got back, his clients asked what he had been up to, so he had no trouble getting clients to start a dialogue about HIV—especially when he mentioned that people ages 13 to 29 account for 34 percent all new infections in the country. "That really makes people perk up and listen, [they say,] 'Oh this isn't about other people. This is possibly about my children,'" he says. All of his experiences talking with his clients about the virus have been positive, which he credits to great relationships and the bond he's built with his clientele.

L'Oréal is aware that not every client is as open to dialogue as DeSalvo's clients. After all, stigma and discrimination still abound regarding HIV. But now is a chance for a new beginning. As Schuster says, "It's like we're starting the conversation over again, a conversation that hasn't been happening for quite a long time."

And for those clients who aren't comfortable talking about the subject, HAA materials are available, such as mirror decals for styling stations, magnets and informative leaflets that can be left at the reception desk or customer waiting area. The printed materials distinguish between the facts and myths about HIV, underscore the importance of regular HIV testing and explain ways to reduce risk. They also lead people to HAA's website (hairdressersagainstaids.com) where visitors can locate more information, including local HIV testing sites (they can also follow the campaign on Twitter and Facebook).

This way, if some clients aren't ready to talk about HIV/AIDS with their hairdressers, these materials will ensure that the topic can't be swept under the rug along with their recently clipped split ends.

Laughing Stock: How Improvisational Theater Helps People With HIV/AIDS

By Becky Allen From The Body

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It's called the circus bow: You stand upright, throw your arms out and declare, "Ta-daaaa!" like a ringmaster. But in this case, the people doing it aren't in a circus: They're HIV-positive people participating in an improvisational comedy class offered by the Laughing Stock program, part of San Francisco's Bay Area Theater Sports (BATS). The program offers free improv training specifically for people with HIV, hepatitis C and other chronic illnesses. The circus bow is what the students do when they freeze up on stage and can't think of something to say.

Many people living with HIV/AIDS find themselves not only coping with the physical dangers of the virus and its treatment, but also with the stress and depression that sometimes go hand-in-hand with HIV. Another big problem for some HIVers is isolation, particularly for those who may be too ill to work full time. Ann Feehan, Laughing Stock's coordinator, says that improv can help people cope with those problems in several ways. "In a life where you might not have a 9 to 5 job as your 'identity,' improv can be a way of finding you have inner resources," Feehan says. In addition, the classes provide a chance to relax and have fun, and the very act of laughing helps relieve stress. Feehan says the classes strive to embody what she calls "the 'spirit' of improv: a sense of humor to mistakes that happen; of compassion towards others; of demonstrating kindness rather than judgmentalism; of letting ego go and letting others shine."

In this way, the skills and experiences gained in improv class can help the people who participate gain self-reliance and self-confidence. Even the circus bow, used when people fail during improv games, can help put people in a different kind of mindset than they may be used to. After all, with improv, it's more about the journey than the destination.

"Success is measured in attempting something, rather than the final product. Everyone *loves failure*," says Jonathan, who has participated in Laughing Stock since the mid-90s.

Jonathan was diagnosed with HIV in 1989 and witnessed firsthand the devastating toll it took on the people around him. "It wasn't until the mid-90s [that] I finally realized that I'd be around for a while. I wanted to find some laughter after being surrounded by the epidemic," he explains.

He originally heard about Laughing Stock from a flier and decided to give it a try. He enjoyed it so much as a student that he eventually became a coach, and then the program's volunteer coordinator, a position he held for eight years.

There is yet another major, tangible benefit of improv classes for people who take part in them: social interaction. "A great class can be 'sticky,' where no one wants to leave," says Feehan. The classes give participants a safe space to meet others and have fun.

Many participants make friends through the classes, breaking through the social isolation that some people with HIV experience. A few have even met roommates through the program.

"You come away feeling good -- which you can't do by talking to your TV set!" says Jonathan.

Students who sign up for one of Laughing Stock's free improv classes don't need any experience when they start out; in each class, coaches teach new skills and improv games. Many students come back for round after round of classes, for months or even years.

Because of its unique nature as an improv group for people with chronic illnesses, Laughing Stock says it takes steps to respect their students' needs. Confidentiality is highly respected: For instance, although the group holds performances for students who want to show off what they've learned, participants can choose between public shows or those performed in a more closed area, such as an AIDS retreat. The classes are also comfortable, with couches for people who feel tired or unwell and want to sit out for a round.

Although Laughing Stock only operates in the San Francisco area, many U.S. cities have improv theater groups that offer lessons. Feehan encourages people with HIV to look for local classes wherever they are, as she thinks the experience can be a valuable one for anyone who feels isolated or stressed -- or is just looking to shake things up and do something different.

"It's about trying something new, rekindling creativity and imagination, and taking a step outside yourself," Feehan says. "When you put yourself to the test, you are often surprised by how creative and inspired you can be. That kind of positive reinforcement can be looked at as a rise in self-esteem. I prefer to think of it as a first step in taking back your own experience of yourself, instead of seeing yourself through society[s] eyes."

Sex and the Salon

by Willette Francis

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For L'Oréal's hairdressers, taming bad hair—and HIV—is all in a day's work.

Two Saturdays a month, I visit my hair salon, with its lime green walls and zebra-print accents, happily surrendering my hair to my stylist. Not only does my hair thrive in her hands, but my soul flourishes, too. She is a friend who listens to me talk about my career goals, the devastating loss of a loved one, and every woman's favorite topics: love and sex (not necessarily in that order). And, like any good friend, she wants to help me make the best choices for my hair and my health.

Given the power of the relationship and trust between stylist and client, it makes perfect sense that L'Oréal planned to leverage that connection to protect men and women across America from HIV/AIDS. And they did exactly that with the U.S. launch of the L'Oréal's Hairdressers Against AIDS (HAA) campaign on World AIDS Day 2010 in New York City. HAA's mission is to transform L'Oréal's hairdressers into an army of advocates for AIDS prevention. The program integrates HIV/AIDS education into the training programs that every L'Oréal stylist must attend. The hope is—like the classic shampoo commercial—that L'Oréal's stylists will take what they've learned back to their salons and tell their clients, who will tell two friends and they'll tell two friends and so on and so on.

There are an estimated 1.2 million people living with HIV/AIDS in the United States; an estimated 56,000 more contract the virus each year. If a person sees a stylist as often as I do—24 times a year—there is ample opportunity to get educated about the virus from a person you trust. Given the close relationship that often exists between client and clipper, it is more likely that people will take the prevention messages shared by their stylists to heart than if they get the same information from say, a public service announcement.

To get an idea of just how effective this campaign could be at reducing the spread of HIV in the United States, flip your hair around these numbers. Across the many L'Oréal brands in its professional products division, there are nearly 1,200 educators on staff. Besides working in the salons, these educators visit other salons, attend trade shows and train other hairdressers. Which translates into roughly 400,000 educational experiences in the United States each year. Furthermore, there are an estimated 950,000 full-time hairdressers in salons across the country who see 10 to 12 clients on average each day. It's easy to see how one informative conversation about HIV prevention can lead to another—and so on, and so on—ultimately reaching millions of people across all social and economic backgrounds. L'Oréal's goal is for its stateside stylists to reach 110 million Americans by World AIDS Day 2011.

"L'Oréal's initiative in the United States holds the promise of setting a new standard of scale and excellence—not just in public and employee engagement on HIV/AIDS, but on public and employee engagement period," says John Tedstrom, president and CEO of the Global Business Coalition on HIV/AIDS, Tuberculosis and Malaria (GBC), which channels the expertise and resources of private-

Cont. next page



sector companies into initiatives to fight global epidemics.

Working with the L'Oréal Group and the United Nations, the GBC (of which L'Oréal is a member) played a huge role in the U.S. launch and offers continued support to the HAA campaign. The GBC worked with the Centers for Disease Control and Prevention (CDC) and the National Alliance of State and Territorial AIDS Directors (NASTAD) to ensure the information wielded by HAA stylists is up-to-date, accurate and in alignment with the CDC's recommendations for HIV prevention and treatment. The campaign's goals were based on the National AIDS Strategy: HAA aims to increase awareness and reduce risk by having conversations about the virus; get people to seek out the resources available to them for testing and care; and motivate people to talk about HIV with their loved ones. The intimacy of face-to-face encounters gives clients the chance to ask questions. And thanks to their extensive training, L'Oréal's stylists are prepped with accurate answers.

"The campaign has tremendous impact potential because of its scale, because of its attention to smart messaging and [its ability] to drive people toward resources and testing and the like," says John Newsome, former vice president of GBC's U.S. HIV/AIDS Initiative. "I'm really proud of L'Oréal for their willingness to engage sometimes tough issues or exceedingly controversial issues that in reality should be addressed as matters of public health and basic humanity. Their embrace of condom promotion and anti-stigma messaging has been so powerful and exciting."

The HAA initiative was born in 2001, when Lady Cristina Owen-Jones, a goodwill ambassador for the United Nations Educational, Scientific and Cultural Organization (UNESCO), shared how HIV/AIDS was taking a toll on people in South Africa with the executives at the L'Oréal Group. L'Oréal had a long-standing relationship with UNESCO, and a partnership was formed between L'Oréal's SoftSheen-Carson brand and UNESCO to tackle the issue.

Since then, L'Oréal has launched the global prevention campaign in more than 30 countries—including France, Brazil, China, the United Kingdom, Italy, Germany and Spain. In total, it has reached 1.3 million hairdressers. Though it took almost a decade to launch the campaign stateside, it wasn't because the company had forgotten about the state of the HIV epidemic in America. Rather, the corporation's attention was diverted in recent years to numerous initiatives and acquisitions. "[But now] was the right time for us to truly mobilize an entire company in the best way possible [to fight AIDS in America]," explains Christine Schuster, senior vice president of worldwide education at Redken and Pureology, and the chair of Hairdressers Against AIDS USA. "[We now have] greater mass in terms of educators and people who can help as advocates for this program."

On November 30, a group of 500 perfectly coiffed hairdressers gathered at the United Nations in New York City to launch the U.S. campaign. I was invited to join the L'Oréal stylists as they gathered for a campaign briefing. Watching the presentation, I caught the enthusiasm of the speakers as they talked about how L'Oréal's stylists could make an enormous impact on their clients and maybe even save their lives. Feeling the visceral determination of this newly created army of AIDS warriors, I knew HAA wasn't merely an edict handed down from corporate high—this was an initiative that each hairdresser personally embraced. Excitement filled the air. And that excitement was unleashed the next day, as stylists took HAA into the streets of New York in Harlem, Times Square and Lincoln Center on World AIDS Day.

The hairdressers' goal was to have 1 million conversations about HIV on the streets of New York City—and to capture those conversations on Flip cameras to post online. The group of hairdressers I shadowed in Harlem educated people on the street about the virus—on one of the worst hair days in the history of World AIDS Days (I must say I was in desperate need of their services after surviving the torrential daylong downpour). But L'Oréal's army was hardly discouraged by a little bad weather. They put on their rain ponchos, held up their red umbrellas, donned red scarves and marched down the street shouting: "Use your voice, use your power for a beautiful world without AIDS!"—the title of the state-side campaign.

"It was moving to feel their boundless enthusiasm, deep personal commitment and understanding that they were about to embark on the most meaningful of assignments, all on display at once," Tedstrom says. "Not only does L'Oréal have the resources, expertise and organizational structures all positioned for breakthrough success, they have a secret weapon, an X factor, and that is the spirit of their team."

HIV-positive stylist Tony DeSalvo was one of the 500 hairdressers. While he agreed the weather made it tough, he says getting people to take note was rewarding. "When you finally got someone to stop and make the video it was really great to see. Younger people were very open and willing to make a video with us," says DeSalvo, who has been styling hair for 20 plus years. Cont page 8



**Need Water?
fill your jugs at our
offices. Its purified
and free.**



**The
HIHAF
Offices will be
closed
Friday
March 25
For
Prince Kuhio Day**

**THE UPSCALE SALE
OUR
BETTER-THAN-RUMMAGE-SALE
COMING SATURDAY, APRIL 2,
AT PINES PLAZA.**

**IF YOU HAVE GOOD ITEMS TO
DONATE , PLEASE CALL GENE AT
331.8177**

**Questions about meth?
Check out these sites**

Crystal Meth Anonymous
<http://www.crystalmeth.org>
213-488-4455 (HOTLINE)

CrystalRecovery.com
<http://crystalrecovery.com>

Tweaker.org
<http://www.tweaker.org/>
info@tweaker.org
415-487-3114


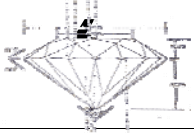
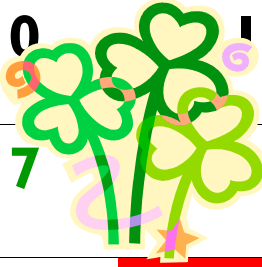

CrystalNeon.org
<http://www.projectneon.org/>

KnowCrystal.org
<http://www.knowcrystal.org/>
info@knowcrystal.org








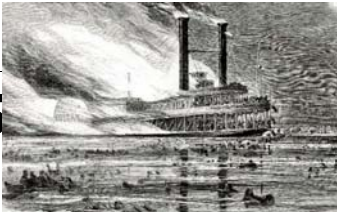
Notice to Clients

Due to the current economic hardships most of us are encountering, Hawai'i Island HIV/AIDS Foundation thought it would make sense to allow one client to shop for another client on an *alternating weekly* basis. What this means is one person *is not always* shopping for the other and we can continue to see our clients on a regular basis. This will save on transportation costs and encourage cooperation amongst all who participate. To take part in this new program, please see David at the Hilo office or Gene at the Kona office to sign a Shopping Authorization.
Mahalo

MARCH 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
March is . . . Foot Health Month, Humorists Are Artist Month, National Furniture Refinishing Month,		Yellowstone Park established 1872		3	4	5 Multiple Personality Day
	7	8		10		12
13 Jewel Day	14	15	16	Saint Pat- 17		19
20	The Moon dog Coronation Ball is history's first rock 21			24	Closed 25 Prince Kuhio Day	26
27	28			31	National Frozen Food Month, National Noodle Month, and National Peanut Month	

APRIL 2011

Mon	Tue	Wed	Thu	Fri	Sat
		April is . . . International Guitar Month, Keep America Beautiful Month, National Anxiety Month, National Humor Month, National Welding Month, National Garden Month, and Uh-Huh Month		1 April Fool	2 Upscale Sale
4 	5	6	7 	8	9 Name yourself Day..... FRED? GLADYS? TONY? BABS? HORTENSE? WILFORD? ROCK? REGINA? AKBAR?
10 1ST Color 3D movie 1953, House of Wax	12 First man in space 1961	13	14	15	16 
17	18	19	20 Look Alike Day 	22 Earth Day	
24 Easter 	25 	27 The Sultana explodes 1865	28	29	30